

Jon R. Grace, MD
Alaska Lung and Nodule Center

3220 Providence Drive Ste E3-080
Anchorage, AK 99508
Phone: 907-375-78785 Fax: 907-375-8788

PULMONARY LAB PATIENT INSTRUCTIONS
FULL STUDY: (PRE/POST SPIROMETRY/LUNG VOLUME/DIFFUSION)

- 1. Inhaled Corticosteroids may be taken.**
- 2. NO Bronchodilator medications on the day of testing**
 - a. Short-Acting Beta2 -agonists
 - b. Long- Acting Beta2 -agonists
 - c. Combination Inhaled Corticosteroid and long-acting beta2 -agonist
 - d. Combination Inhaled Anticholinergic and long-acting beta2 -agonist
 - e. Combination Inhaled Corticosteroid and long-acting beta2 -agonist/
Anticholinergics
 - f. Combination Inhaled Anticholinergic and short-acting beta2 -agonist

OTHER WITHHOLDING INSTRUCTIONS FOR ALL PULMONARY TESTING:

1. **NO** smoking day of testing
2. **NO** alcoholic beverages 12 hours prior to the test
3. **NO** caffeine on the day of testing
4. **NO** exercise on the day of testing
- 5. You will be UNABLE to care for small children during this appointment**
- 6. Due to the bronchospasm nature of the test and its potential ability to cause respiratory issues, only patients are permitted in the room during testing.**

***PLEASE SEE THE ATTACHED FORM FOR MEDICATION REFERENCES.**



SHORT-ACTING BETA₂-AGONIST BRONCHODILATORS

relieve tight chest and other quick relief of symptoms such as coughing, wheezing and shortness of breath for 3-4 hours

<p>ProAir® Digihaler™ 117 mcg albuterol inhaler MDI A</p>	<p>ProAir® HFA 108 mcg albuterol inhaler MDI A, B</p>	<p>ProAir® HFA 108 mcg albuterol inhaler MDI A, B</p>	<p>Proventil® HFA 102 mcg albuterol inhaler MDI A</p>	<p>Proventil® HFA 102 mcg albuterol inhaler MDI A</p>	<p>Xopenex® HFA 75 mcg levalbuterol inhaler MDI A, B, C</p>	<p>Arcapta® Nemhaler™ 75 mcg arbutamine inhaler powder A</p>	<p>Serevent® Diskus™ 54 mcg salmeterol inhaler powder MDI A, B, C</p>	<p>Serevent® Diskus™ 54 mcg salmeterol inhaler powder MDI A, B, C</p>	<p>Serevent® Diskus™ 54 mcg salmeterol inhaler powder MDI A, B, C</p>	<p>Serevent® Diskus™ 54 mcg salmeterol inhaler powder MDI A, B, C</p>
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LONG-ACTING BETA₂-AGONIST BRONCHODILATORS

relieve tight chest and other lasting relief of symptoms such as coughing, wheezing and shortness of breath for at least 12 hours

<p>Striverdi® Respimat® 2.5 mcg indinavir inhaler MDI C</p>	<p>Striverdi® Respimat® 2.5 mcg indinavir inhaler MDI C</p>	<p>Striverdi® Respimat® 2.5 mcg indinavir inhaler MDI C</p>
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INHALED CORTICOSTEROIDS

reduce and prevent swelling of airway tissue. They do not relieve sudden symptoms of coughing, wheezing or shortness of breath

<p>Alveseo® HFA 80, 160 mcg fluticasone inhaler powder MDI A</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>	<p>ArmonAir® Digihaler™ 56, 112, 224 mcg fluticasone inhaler powder MDI A, B</p>
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COMBINATION MEDICATIONS

contain both inhaled corticosteroid and long-acting beta₂-agonist (LABA)

<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>	<p>Advair Diskus™ 4521, 10571, 23071 mcg fluticasone inhaler powder MDI A, B, C, D</p>
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MUSCARINIC ANTAGONIST (ANTICHOLINERGIC)

relieve cough, tighten bronchial muscles and clear secretions associated with chronic lung diseases

<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>	<p>Atrovent® HFA 17 mcg ipratropium inhaler MDI C</p>
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BIOLOGICS

target cells and pathways that cause airway inflammation, delivered by injection or IV

<p>Cinqair® injection A</p>	<p>Dupixent® injection A</p>	<p>Fasenra® injection A</p>	<p>Maccala® injection A</p>	<p>Xolair® injection A</p>
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BRONCHIAL THERMOPLASTY

A minimally invasive procedure that uses radiofrequency energy to reduce airway smooth muscle, leading to fewer severe asthma flares, ER visits, and days lost from activities.



COMBINATION

containing anticholinergic and beta₂-agonist

<p>Combivent® Respimat® 20/100 mcg ipratropium bromide and albuterol MDI C</p>	<p>Combivent® Respimat® 20/100 mcg ipratropium bromide and albuterol MDI C</p>	<p>Combivent® Respimat® 20/100 mcg ipratropium bromide and albuterol MDI C</p>
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PDE4 INHIBITORS

relieve cough, inflammation and reduce exacerbations

<p>Delisress® 250, 500 mcg roflumilast A</p>
